

FORBES

Wilderness And Wellness: Why Fall Is The Best Season In Jackson Hole

Kate Donnelly Contributor ©

I'm a freelance writer based in New York City.

Follow

Certainly there's never a bad time to visit Jackson Hole, the high-altitude Wyoming town (pop. 10,698) surrounded by jagged mountains and adhering to those "old timey" western ways. Autumn's crisp air ushers in amber-hues and golden aspens that seemingly pop everywhere in Grand Teton National Park. And, coupled with thinner crowds and lower hotel rates, you'll also find bugling elk and a snow dusting on the mountaintops.

Come dinner, [The Kitchen](#), a Zen-like eatery with curved timber, offers a refreshing trio of salads alongside a raw bar with crudos and a delightful king salmon with chickpea panisse, tahini labneh and dukkah. Across

Later, the friendly slopeside

[Il Villaggio Osteria](#) is ideal for leafy salads, homemade pastas and pizzas; alongside a tasty halibut with cannellini beans and pickled fennel. Before