



YOUR
WILD
WINTER
ADVENTURE
GUIDE

Bears hibernate. Men of action? They set out on these ten adrenaline-fueled, heart-pumping expeditions into uncharted territories.

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**01 YOU WANT:
PILES OF POWDER,
MOUNTAINS OF PROTEIN**

HEAD TO: JACKSON, WYOMING

▶ Shredding Tetons backcountry is bucket-list stuff. Make the *Yellowstone*-esque **Hotel Jackson** your base camp, and hire help from **Teton Backcountry Guides** to explore the 300,000-plus acres of mountainside. Recovery days might include a dogsledding tour with **Call of the Wyld** or a massage at the **Amangani** resort. And most definitely venison, bison, or the extensive raw bar at the **Bistro**.

✦ **TRAIN FOR IT** Any of these expeditions will include hikes with plenty of gear. Fill a backpack with 15, 20, or even 25 pounds, then walk for 30 to 45 minutes 2 to 3 times per week.