

ENJOY

FOOD

# Go Green

These salads are serious meals.

//BY SAMANTHA SIMMA

The West may be best known for its wild game and locally raised meats, but in Jackson Hole fresh (and, in summer, passionately composted) produce is a top priority. "We're committed to our commitment to local food," says Figs' general manager. "Our salads are worthy of epicurean adventures."

When vetting a restaurant, **Being Café & Bar** in Jackson Hole is a go-to. "Vandenbroeke says that provide fresh flavors, cultures, and a good profile." The cafe does just that, with a longstanding love for Middle Eastern healthy, balanced food. "Vandenbroeke is creating the passion for our menu. Healthy Being's dehydrated nut crumble that keeps us satiated, served with romaine and fresh tomato and lamata olives, drizzled with house-made hummus, tzatziki, and dried lemon-herb vinaigrette. The falafel salad meets our needs. We're not the only ones. It's been our most popular item for seven years." Vandenbroeke is open 7 a.m.-6 p.m.; 165



COURTESY PHOTO

"Guests don't look at the menu and think, 'I just had a salad like that yesterday,'" says Gavin Fine, owner and founder of Fine Dining Restaurant Group, of **The Bistro's frisée aux lardons salad**. In this traditional French salad, frisée is combined with applewood-smoked lardons, pickled shallots, potato, poached egg, and a classic red wine vinaigrette. "The fat from the lardons and poached egg makes a great complement to the acidity of the vinaigrette, while the frisée and tomatoes add a fresh, light element to the dish," Fine says. "Eggs are often found in salads in the U.S., but they are typically hard-boiled. Upon serving this salad, the poached egg is intended to be poked with a fork, allowing the runny yolk to spill out and be mixed with the rest of the salad. The yolk melds everything together and gives a delicious richness to the dish." \$19; Open daily 7 a.m.-close; 112 Center St.; 307/739-1100, [thebistrojacksonhole.com](http://thebistrojacksonhole.com) JH

COURTESY PHOTO

